

SHAMROCK FOOTBALL ACADEMY APPLICATION

Name: _____

Age: _____ Grade: _____

Address: _____

City, State, Zip: _____

Phone: _____

E-Mail (for receipt): _____

Emergency Contact: _____

Emergency Phone: _____

Insurance Company: _____

Policy #: _____

Release Form and Policies

The above participant has my permission to participate in the Shamrock Football Academy. I understand and accept the condition that neither the Shamrock Football Academy, its directors or coaches, or the site owner will assume responsibility for medical and dental expenses incurred as a result of participation in this clinic. I also confirm that the participant has personal medical insurance coverage and that any expenses incurred while at the clinic is my responsibility. In case of an emergency, I understand that every attempt will be made to contact the person listed. If contact is unsuccessful, I give permission to the attending medical personnel to render medical treatment to the participant.

Parent Name: _____

Parent Signature

Date: _____



**BISHOP
FEEHAN
HIGH SCHOOL**

70 Holcott Drive
Attleboro, MA 02703

SHAMROCK FOOTBALL ACADEMY

GRADES 5-9



**BISHOP
FEEHAN
HIGH SCHOOL**

SHAMROCK FOOTBALL ACADEMY

GRADES 5-9

You will learn the following football and classroom success skills:

- How to manage your time as a student athlete
- Study skills and organization skills
- Nutrition tips
- Pre-season training
- Plyometrics and stretching
- Agility and form running
- Football fundamentals
- What doing the right thing means

Staffed with years of experienced high school and college coaches. Discussions with Ivy League graduates who are past Bishop Feehan players. Visits by current college staff members.

Please arrive at camp with the appropriate tools necessary to maximize your experience. Here are some suggestions:

- Sneakers/cleats
- Baseball hat
- Shorts
- Sun screen
- Plenty of fluids

4 Day Clinic

Monday, July 5, 2010

9:00 a.m. – 3:00 p.m.

Tuesday, July 6, 2010

9:00 a.m. – 3:00 p.m.

Wednesday, July 7, 2010

9:00 a.m. – 3:00 p.m.

Thursday, July 8, 2010

9:00 a.m. – 3:00 p.m.

ACADEMIC BENEFITS

- Learn school “survival” skills
- How to study and take notes
- How to prepare for a school test/exam
- How to use the library
- How to motivate yourself through successful goal-setting, to achieve success in academics and technology

For more information, contact Tony Wood:
508.226.6223, x148 or twood@bishopfeehan.com

SHAMROCK FOOTBALL ACADEMY

GRADES 5-9

July 5-8, 2010

4 Day Clinic: **\$250**
(Includes Clinic and T-shirt)

Additional T-shirts: **\$15 each**

Youth Sizes: L XL

Adult Sizes: S M L XL XXL

Quantity: _____

TOTAL ENCLOSED: \$ _____

(Check payable to SHAMROCK FOOTBALL ACADEMY)

Please complete both sides of this panel, detach, and return to:

Bishop Feehan High School
Attention: Tony Wood
70 Holcott Drive
Attleboro MA 02703

For more information, contact Tony Wood:
508.226.6223, x148 or twood@bishopfeehan.com

FEEHAN SHAMROCKS

7 TIME SUPER BOWL

CHAMPIONS

1997 • 2001 • 2002 • 2003

2004 • 2007 • 2009

18 TIME LEAGUE CHAMPIONS

1966	1969	1983	1984	1987
1994	1995	1996	1997	2000
2001	2002	2003	2004	2005
2007	2008	2009		

LEARN WHAT IT TAKES TO BE A CHAMPION BOTH ON AND OFF THE FIELD!